

# HARVEST APPEAL

## HELP LOCAL PEOPLE FACING HARDSHIP

### West Cheshire Food Bank

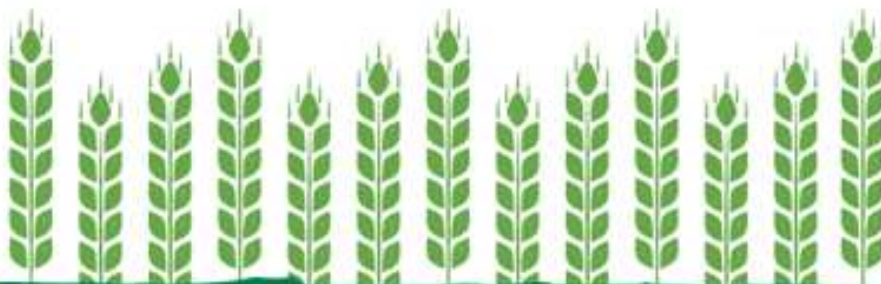
We are seeing an ever-increasing need – but a reduction in vital donations. By donating this Harvest, you can support local people facing hardship.

- **Donate food** – in store (see our website for a location near you), or as part of your online grocery shop
- **Donate money** – via our online giving platform
- **Share our appeal** – with friends, family and colleagues.

For more information, please visit <https://westcheshire.foodbank.org.uk/>

#### TOP FIVE ITEMS NEEDED THIS HARVEST

- Tinned Meats
- Tinned Potatoes
- Instant Noodle Pots
- Biscuits and snacks
- Pasta Sauces



[www.westcheshire.foodbank.org.uk](http://www.westcheshire.foodbank.org.uk)

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