



Coverage of KS1 objectives – Year B

| KS1 | Objective | Working towards (pupil initials) | Expected (no. of pupils) | Greater depth (pupil initials) |
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| Autumn Term (Year B) | <p><u>Get Heart Smart (Meet Boris)</u> I can understand that many choices I make can help or hurt my own and others hearts. I can identify sources of power (including myself!) I can describe ways I can use my power in positive and negative ways. I can understand that the decisions we make can affect our reputation. I can make the link between my heart and my actions, words and behaviours. I can understand that families may all look different but they should all be places of love and security. I can make healthy choices to contribute to a healthy diet. I can reflect on how the choices I make can help or hurt my own and other's hearts.</p> <p><u>Don't Forget to Let Love in (I am special)</u> I can understand how to let love into my heart. I can recognise and celebrate my strengths and the ways in which we are all unique. I can differentiate between the truths and lies that I hear or speak about ourselves. I can write an acrostic poem for my name by selecting words that describe me. I can understand that to be thankful for what I have, helps me develop a gratitude attitude. I can notice the difference in my heart rate after physical activity. I can reflect on ways to let love into my heart.</p> | | | |
| Spring Term (Year B) | <p><u>Too Much Selfie isn't Healthy (I love others)</u> I can suggest ways to show love for others. I can demonstrate loving others. I can be more aware of my surroundings and the people around me. I can look for opportunities to do something kind for others. I can recognise and appreciate the important work that people in my community do. I can consider ways that we are all different and similar. I can understand that the rules I follow online to keep safe are similar to the rules I follow in real life. I can reflect on how I show love for others.</p> <p><u>Don't Rub it in, Rub it out (I am a good friend)</u> I can understand the importance of forgiveness. I can suggest why someone should say sorry and offer forgiveness between friends. I can consider how resentment and unforgiveness makes me feel. I can reflect on helpful ways to deal with hurt. I can suggest different ways to deal with hurt or disappointment. I can understand the consequences of teasing or bullying. I can reflect on ways I can erase negative emotions.</p> | | | |



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| <p>Summer Term (Year B)</p> | <p><u>Fake is a Mistake!</u> I can understand why I don't need to lie about myself. I can identify something unique about myself. I can understand that not all the thoughts I have about myself are true. I can describe how different emotions make me feel. I can suggest ways to be polite when meeting others. I can learn how to keep myself safe in the sun. I can reflect on ways that Fake is a Mistake!</p> <p><u>'No Way Through' isn't True</u> I can describe situations where I get stuck and can suggest ways to persevere when I am stuck. I can find alternative solutions to a problem. I can look at seemingly impossible situations in a different way. I can find a way to overcome challenges or difficulties. I can manage worry by imagining good things that could happen. I can care for our school environment by conserving energy. I can recall a time when I was stuck but found a way through.</p> | | | |
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