



Coverage of UKS2 objectives (Year A)

UKS2	Objective	Working towards (pupil initials)	Expected (no. of pupils)	Greater depth (pupil initials)
Autumn Term (Year A)	<p><u>Get Heart Smart (Meet Boris)</u> I can identify ways to show love to myself and others. I can understand how powerful people lead others. I can describe the heart reputation I would like to have. I can identify ways to know what I should and shouldn't watch. I can write a letter of thanks to someone who supports and encourages me in my home or family. I can understand that good quality sleep is important for our health. I can reflect on how I protect my own and other's hearts.</p> <p><u>Don't Forget to Let Love in (I am special)</u> I can let love into my heart. I can understand that I have value and purpose. I can consider how the words I listen to about myself can make me feel. I can think about different sources of pressure and ways I can respond. I can look back over my life and select significant events/people. I can suggest when and how to ask for help and who to go to. I can reflect on ways to let love into my heart.</p>			
Spring Term (Year A)	<p><u>Too Much Selfie isn't Healthy (I love others)</u> I can suggest ways to show love for others. I can demonstrate loving others. I can suggest who to go to if I feel lonely and can suggest things to do to avoid feeling lonely. I can list the skills needed to listen to others well. I can suggest people who should be honoured and ways I can honour them. I can investigate the purpose and role of different groups. I can think of things that I should and shouldn't share online. I can reflect on how I show love for others.</p> <p><u>Don't Rub it in, Rub it out (I am a good friend)</u> I can describe forgiveness and why it keeps our hearts healthy. I can develop simple strategies to resolve conflict. I can explain what Nelson Mandela's life teaches me about forgiveness. I can describe different emotions and discuss the importance of them. I can respond well to my own mistakes. I can recognise bullying in all its forms and list strategies for dealing with bullying. I can reflect on ways I can erase negative emotion.</p>			



<p>Summer Term (Year A)</p>	<p><u>Fake is a Mistake! (I tell the truth)</u> I can understand why I don't need to lie about myself and can list 5 great things about myself. I can discuss the fact that the images we see on social media and in magazines are not always real. I can explain what to do when I feel like I need to hide how I really feel. I can choose those I trust to be vulnerable with. I can understand how to receive feedback. I can find out the risks associated with alcohol use in young people. I can reflect on ways that Fake is a Mistake!</p> <p><u>'No Way Through' isn't True (I can do it!)</u> I can describe situations where I get stuck and can suggest ways to persevere when I am stuck. I can understand that there is always a way through seemingly impossible situations. I can celebrate internal success. I can describe some of the tools that can help me live life full of hope. I can describe the key facts about puberty and the changing adolescent body, particularly from 9 – 11 (Year 4, lesson 6). I can explain key facts about the menstrual cycle (Year 5, lesson 5). I can describe the changes in the brain as I go through adolescence. (Year 6, lesson 6) I can describe ways to look after my health and wellbeing as I grow up. I can recall a time when I was stuck but found a way through. I can suggest strategies to deal with times when I am stuck.</p>			
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