



CAPENHURST CE PRIMARY SCHOOL

# NEWSLETTER

26th June 2020



Another busy week - very active for those of you who have been taking part in our 60 Second Physical Challenge. The staff 'enjoyed' putting their videos together for you to enjoy at home and are looking forward to seeing how you've all got on. If your needs have changed in terms of your child attending school, please do not hesitate to contact school using [contact@capenhurstcep.cheshire.sch.uk](mailto:contact@capenhurstcep.cheshire.sch.uk)  
Thank you, Mrs Green and Team Capenhurst

## Celebrations!

Some of this week's activities - remember whilst school is closed, if you would like to keep in touch by sharing the things your children have been doing, why not tweet us a picture? Be sure to use our tag @CapenhurstCEPS so that we can see what they've been up to.

Ethan H completed 70 (slightly dubious) star jumps!

Zac has been very busy completing his 60 second challenges.

Jax completed lots of star jumps in Delamere Forest.

Finley F has completed the star jump and squat challenges.

Isla completed the plank in paddling pool - so did Zac, but in a different pool.

An active week this week - what have you been up to? Don't forget to let us know.



## Home learning and staying safe online

New letters and home learning packs will be sent home this week with suggestions as to different activities you can try at home with your children. You are encouraged to try some of the suggested activities at home with your child. If any family would like paper copies of work (where appropriate) please contact school.

Don't forget to check out the 'Online Safety at Home' section within our home learning section.

We are only at the end of an email if you get stuck.

## Summer reading challenge

Cheshire West and Chester Libraries are excited to be taking part in this year's all-new digital Summer Reading Challenge which is organised by The Reading Agency. You can sign up to the easy-to-use website and create your own profile at [sillysquad.org.uk](http://sillysquad.org.uk) Set your own challenge to read any amount of books during the Challenge. You can read anything that makes you happy - comics, joke books, poetry, stories or information; e-book or printed book, borrowed or bought. Each time you finish a book, you can add it to your profile and write a review. You are then rewarded with activities and incentives along the way, such as online badges, games and videos. You can join in and 'Get Silly' with downloadable activities, games, quizzes and more. There's new stuff added to enjoy each week so the fun will continue throughout the summer. You'll even get a downloadable certificate once you've completed their challenge.

Also look out for the special Cheshire West and Chester Libraries website, to be launched soon, at [www.chesterandchester.gov.uk/read](http://www.chesterandchester.gov.uk/read). This will include events, all of which will be online, such as storytelling, animal handling and dance, as well as competitions and craft videos. There's even be a section for terrible jokes.

## Communication from school

This week the staff enjoyed their 'Zoom chats' and it has been lovely to hear from families who also enjoyed the chats. We are planning to set another chat up before the end of term and will send details home via email.

We are working on plans for September whilst waiting for clarification from the government and DfE about their expectations and guidance. Once this has been received, we will be able to finalise plans and share them with you. Thank you for your patience during this time. We are looking forward to being able to welcome all the children back to school in the autumn.

## Friends of Capenhurst

### Facebook Page

Many of you have been using our PTA Facebook page, 'Friends of Capenhurst School (PTA)' to share home learning ideas which is great. Please do remember that this is a closed group for **current parents/carers only**.

### Bonus Ball

The winning rollover bonus ball on Saturday 20th June was number 13 which belongs to Melissa Rowson! Congratulations on your double rollover win!

## Birthday Celebrations!

The following children and staff celebrate a birthday this week (26h June to 2nd July):



Frankie S Mrs Bullough

## Class Photos

Class photos have arrived - if you placed an order with Academy before school closure in March, please email us to arrange collection.

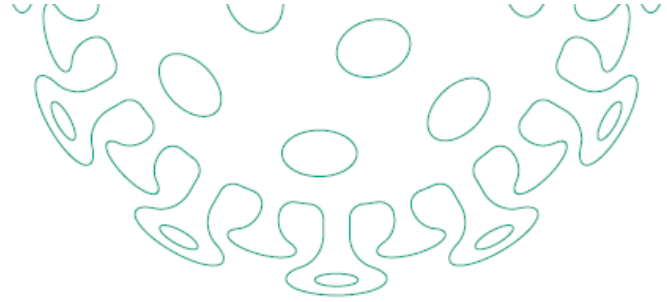
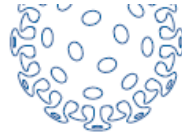
[contact@caapenhurstcep.cheshire.sch.uk](mailto:contact@caapenhurstcep.cheshire.sch.uk)



## Twitter

Follow us on Twitter for class news

and updates:  
[@CapenhurstCEPS](https://twitter.com/CapenhurstCEPS)



# Advice on the coronavirus for places of education

## How serious is the coronavirus?

- it can cause flu-like symptoms, including fever, cough & difficulty breathing
- the infection is not serious for most people, including children
- there is currently no vaccine
- most people get better with enough rest, water to drink and medicine for pain

## How likely are you to catch the virus?

- you can only catch it if you have been close to a person who has the virus
- the chance of being in contact with the virus is currently low in the UK
- if you have travelled to areas where many people are infected, your chance of catching the virus is higher, i.e. China and any affected areas

## How can you stop coronaviruses spreading?

### If you need to cough or sneeze



Catch it with a tissue



Bin it



Kill it by washing your hands with soap & water or hand sanitiser

### You should wash hands with soap & water or hand sanitiser



After breaks & sport activities



Before cooking & eating



On arrival at any childcare or educational setting



After using the toilet



Before leaving home



Try not to touch your eyes, nose, and mouth with unwashed hands



Do not share items that come into contact with your mouth such as cups & bottles



If unwell do not share items such as bedding, dishes, pencils & towels



Stop germs spreading with our e-Bug resources on hand and respiratory hygiene lesson plans for KS1, 2 and 3: [campaignresources.phe.gov.uk/schools](https://campaignresources.phe.gov.uk/schools)

## What should you do if you feel unwell?

Keep away from others and stay at home to stop the infection spreading. Avoid public transport if you think you have symptoms of coronavirus. If you become unwell at a place of education, tell a member of staff and let them know if you have travelled to any other countries in the last 14 days.

If your staff member or parent thinks you have symptoms of coronavirus, they should call **NHS 111** for advice. Follow the UK Government advice for childcare or educational settings [gov.uk/government/publications/guidance-to-educational-settings-about-covid-19](https://www.gov.uk/government/publications/guidance-to-educational-settings-about-covid-19). Parents can visit **NHS.UK** to find out more information. Teachers and support staff should follow the UK Government advice.

Staff, students and pupils who have returned from Iran, specific lockdown areas in northern Italy, special care zones in South Korea or Hubei province China (returned in the past 14 days) should self isolate, and NOT attend education or work for 14 days. See **NHS.UK** for advice on coronavirus.

**If there is an emergency, call 999 immediately**

